

Burnett County

4-H Bugle

December 2016

A Note from the Agent -

Beth Rank

In This Issue...

Calendar 2
4-H News3
Project Grants3
Club Use of Committees 3
Scholarship4
A Successful New Year4
Projects with Leaders5
Food Resources5
Service/Fund Raiser6
Arts & Communication 6
Mechanical Sciences7
STEM7
Younger Members 8
Achievement Celebration9
Club News10
Leaders' Pages15
Leaders rayes13

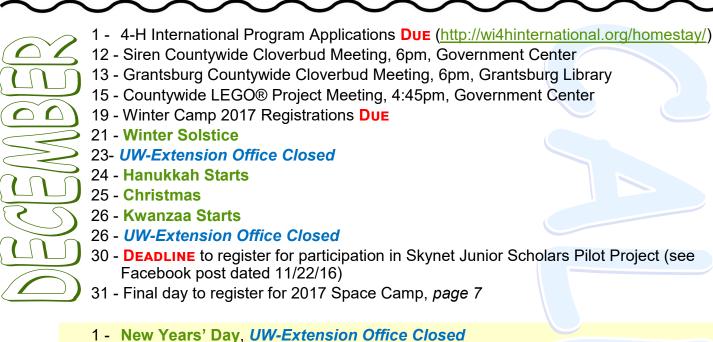


I remember when my family, completely inexperienced with 4-H, joined. I had no idea what was going on. 4-H was a whirl of activity, deadlines, and events. Our Cultural Arts entries were wrong, we couldn't find leaders for projects, the Fair Book was a foreign language, and what was the deal with record books? We didn't even know enough to know what questions to ask. Although everyone was super nice and accommodating, I relate to any confusion our new families might be experiencing.

Last year around this time we talked about mentoring new families. For you 4-H experienced families, I can't emphasize enough how overwhelming 4-H can seem. In addition to not knowing what they don't know, some people are too reserved to ask questions. I encourage every club to match up new families with those who have been around the 4-H year a few times. Then point out when things are due, what opportunities are available, offer to help with event registrations, and help find project leaders. We're stronger

Beth Greiff

together!





- 8 Junior Leaders' Meeting, details TBA
- 8 Super Bowl Sunday
- 9 Siren Countywide Cloverbud Meeting, 6pm, Government Center
- 9 Music Contest entry **DEADLINE** (at Leaders' meeting)
- 9 Leaders' Association Meeting, 7pm, Government Center
- 10 Grantsburg Countywide Cloverbud Meeting, 6pm, Grantsburg Library
- 13-15 Winter Camp, Camp Crosswoods
- 16 Martin Luther King, Jr. Day
- 20 Inauguration Day
- 21 Music Contest, 6pm, Siren School (page 6)
- 26 Countywide LEGO® Project Meeting, 4:45pm, Government Center
- 28 Chinese New Year
- 28 DEADLINE to apply for State 4-H Communication Arts Teams (see Facebook post on Junior Leaders' page dated 11/22/16)



- 2 Groundhog Day
- 5 Super Bowl
- 12 Jr Leaders' Meeting
- 13 Siren Countywide Cloverbud Meeting, 6pm, Gov't Center
- 13 Leaders' Association Meeting, 7pm, Gov't Center
- 13 Grant Applications **DEADLINE**
- 14 Valentine's Day
- 14 Grantsburg Countywide Cloverbud Meeting, 6pm, Grantsburg Library
- 20 Presidents' Day, UW-Extension Office Closed
- 23 Countywide LEGO® Meeting, 4:45pm, Gov't Center



PROJECT GRANTS

Project grants are to help achieve 4-H goals in the project area designated by the grant. A 4-H member may receive <u>each</u> grant only once in their 4-H career. Grants may be applied for with the form on page 4 of the November *Bugle*. The application is also online, along with the guidelines, at http://burnett.uwex.edu/4-h-youth-development/for-members/member-forms/#ProjectGrants.

HELPFUL HINTS FOR CLUBS

From UW-Extension Polk County's Clover Connection, November 2016

An effective way of accomplishing tasks for club work is utilizing committees. Committees make club meeting time more effective by not having the entire club work on a project or an issue.

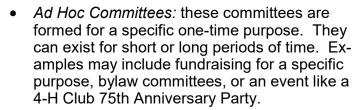
Some benefits of using club committees are:

- Opportunity for youth to learn planning skills
- Opportunity for a group to learn that it can accomplish more than an individual
- Feeling of involvement and ownership
- Bringing different perspectives and ideas to task
- Sharing the work and responsibilities among youth members.

There are different types of committees to serve different purposes.

- Short Term Committees: focus on specific events or tasks. An example may include Winter Fun Activity or 4-H Club Audit Committee. This type of committee may meet only once or twice to accomplish the task.
- Standing Committees: focus on more involved or complex tasks or needs. These committees

are stronger because they include youth and adults who meet several times to accomplish the job. These committees may be defined by club by-laws, and may report often back to the club. An example of this committee would be a 4-H Club Advisory Committee.



It is important for clubs to form committees that meet the needs of members and leaders. There are several ways to form a committee and it is important to get a mix of perspectives and experiences. First, decide what committees are needed. Develop a brief description or goal for the committee. Members of a committee can be gathered in many ways, and the committee objective may direct which way is best. Youth and adults can signup for a committee or may be appointed or recruited. Committee Chairs are usually selected by the group at the first meeting, or can be appointed when a committee is formed.

Establishing club committees offers benefits to the whole club, as well as the individuals involved in a particular committee.



The 4-H colors are green and white. The green symbolizes springtime, life, and youth. The white symbolizes purity and high ideals.



WISCONSIN 4-H FOUNDATION 2017 SCHOLARSHIP

The Wisconsin 4-H Foundation will award more than \$10,000 in scholarships to outstanding Wisconsin students pursuing higher education in 2017. To be considered for financial support, applications **MUST BE RECEIVED BY** the Wisconsin 4-H Foundation via email by March 15, 2017.

Wisconsin 4-H Foundation scholarships are awarded to students based on demonstrated personal growth, development and leadership, academic performance and future educational goals.

To be eligible for Wisconsin 4-H Foundation scholarships, students must have been a Wisconsin 4-H member for at least one year; have a grade point average of at least 2.5 on a 4.0 scale, and be enrolled or planning to enroll at a universi-

ty, college or technical school during the 2017-2018 academic school year.

All applications must adhere to the strict conventions outlined at the 4-H Foundation website: http://wis4hfoundation.org/scholarships/. Any application that does not meet these requirements (including all document names) will not be considered. All documents must be attachments to the email; Google docs or any similar cloud/internet shared documents will NOT be accepted. Applications include a resume, cover letter, list of applicant's 4-H projects, and a recent photo, preferably of the applicant engaged in 4-H. The scholarship web page has very specific instructions so be sure to read it closely.

STARTING A SUCCESSFUL 4-H YEAR

From UW-Extension Taylor County's 4-H Newsletter

Making New Families Welcome!

What are some things you do as a club to welcome new families? It is important to be welcoming to new families because they may not know very much about 4-H and it can be intimidating to try new things. Make sure to introduce yourself and ask their name, and share your 4-H experience and some things about your club and what you plan to do for the upcoming 4-H year. Try some ice-breaker games at your next meeting.

New Positions

Were you recently elected to a new position in your club and you aren't sure where to start? Make sure to ask people in your club for help if you aren't quite sure what to do. Your club leader, past officers, other leaders in your club, or staff at the UW-Extension office are all great resources for you to seek out if you need a little help getting started.

Starting Your Records Now

If you are in a new officer position such as secre-

tary or treasurer, it is extremely important to start keeping records right away and keep it up throughout the year. Secretary's books and financial record keeping logs will be handed out to club leaders at the awards banquet or can be picked up from the UW-Extension office anytime or you can request them electronically.

Make Goals for Your Club and Yourself

Make a goal now in the beginning of the 4-H year so that you can work towards it and achieve it. You can use the acronym SMART to help make a goal. A SMART goal is:

- Specific: What exactly do you wish to accomplish?
- Measurable: How do you know when you have met your goal?
- Achievable: Is the goal attainable and still challenging?
- Relevant: Is the goal something important that you want to achieve?
- <u>Timely</u>: When do you wish to achieve your goal?



PROJECTS WITH LEADERS

As of mid-November, 2016

Project	Leader Name	Leader Phone	Leader Email
Archery	Treague, Anna	715-866-4850	treagueac@my.witc.edu
Art	Janssen, Suzy	715-866-7519	suzykay59@hotmail.com
Backpacking & Hiking	Janssen, Suzy	715-866-7519	suzykay59@hotmail.com
Beef	Nelson, Lauri	715-491-4311	lauri.nelson@burnettdairy.com
Bees	Stiemann, Phil	715-653-4140	sstiemann@centurytel.net
Canoeing	Treague, Anna	715-866-4850	treagueac@my.witc.edu
Clothing	Stiemann, Sheryl	715-653-4140	sstiemann@centurytel.net
Cloverbuds	Kopecky, Amy	715-866-4529	tootsiekopecky@hotmail.com
Cloverbuds	Treague, Anna	715-866-4850	treagueac@my.witc.edu
Dairy	Nelson, Lauri	715-491-4311	lauri.nelson@burnettdairy.com
Dairy	Peterson, Marge	715-349-2844	
Foods & Nutrition	Kopecky, Amy	715-866-4529	tootsiekopecky@hotmail.com
Foods & Nutrition	Peterson, Marge	715-349-2844	
Knitting	Lanza, Carol	715-349-5279	critteracres@sirentel.net
LEGO®	Greiff, Beth	715-866-7333	bethgreiff@gmail.com
Photography	Treague, Anna	715-866-4850	treagueac@my.witc.edu
Poultry	Treague, Anna	715-866-4850	treagueac@my.witc.edu
Rubber Stamping	Lanza, Carol	715-349-5279	critteracres@sirentel.net
Scrapbooking	Treague, Anna	715-866-4850	treagueac@my.witc.edu
Scrapbooking	Lanza, Carol	715-349-5279	critteracres@sirentel.net
Service Learning	Fuller, Adrienne	715-790-1579	AdriaticC74@gmail.com
Theatre Arts	Fuller, Adrienne	715-790-1579	AdriaticC74@gmail.com
Youth Leadership	Fuller, Adrienne	715-790-1579	AdriaticC74@gmail.com

FOOD RESOURCES

Second Harvest Food Distribution dates at Connections in Webster from 11am-4pm

- December 1 & 15
- January 5 & 19
- February 2 & 16

Children's books will be given to families on food distribution days also!

Free bread available at Trinity Lutheran Church in Falun every Friday from 11am until the bread is gone.



SERVICE/FUND RAISING PROJECT

World Wear Project (http://www.worldwearproject.com/) is looking for partners to collect wearable, gently worn shoes and provide them to people domestically and internationally who might otherwise be unable to afford new shoes. They pay for the wearable shoes that are collected and also pay the cost to ship the collection to them. The funds generated can be donated to a charity of your choice or to your 4-H club. Payment rates are:

- 63 lbs. and up per box = \$0.55 per pound
- 40-59 lbs. per box = \$0.35 per pound
- 0-39 lbs. per box = \$0.00 per pound

In addition to furnishing wearable shoes to people who can't afford new ones, passing the shoes on to new owners cuts down on land fill use.

Contact the office if your club is interested in pursuing this opportunity.



2017 MUSIC CONTEST

The 2017 Music Contest will be held on Saturday, January 21, starting at 6pm, at Siren School. The contest entry **DEADLINE** is January 9, at the Leaders' meeting. The Music Contest Rules and Guidelines, Entry Form, and Judging Sheet may be found at http://burnett.uwex.edu/files/2016/10/Music-Contest-Registration-and-Judging-Sheet.pdf as well as on pages 6-7 of the November *Bugle*.

CREX PHOTO CLUB

Second Saturday of the month, 10am - noon at Crex Meadows Wildlife Area.

Learn more about digital photography. Share images with fellow photographers to learn new techniques.

Contact Crex Meadows Wildlife Area: 715-463-2739, www.crexmeadows.org

Investigate Arts & Communication projects at http://fyi.uwex.edu/wi4hprojects/arts-communication/



LEGO® PROJECT

Everyone is welcome to come to LEGO® Project meetings. In November and December we meet the 3rd Thursday of the month at the Government Center at 4:45pm-5:45pm.

Investigate Mechanical Sciences projects at http://fyi.uwex.edu/wi4hprojects/mechanical-sciences/.

PLEASE JOIN US ON DECEMBER 15. THE HOMEWORK FOR THE DECEMBER MEETING IS

AN INFO MAP. Make a map with LEGO® bricks of a coun-

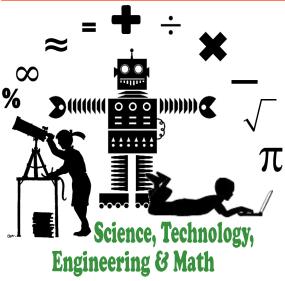
try, state, or continent. It must be someplace real on this planet!

Think about the things you'd like to do there. Choose a color for each thing you'd like to do and build that color of bricks up like in the photo to the right for how much you'd like to do each thing.

For example, say you love Wisconsin. Make a map of Wisconsin. The things you like to do there are hunting, fishing, and eating cheese. You could choose red bricks for hunting, blue for fishing, and yellow for cheese. You like fishing best so you build that up the tallest. Your next favorite is eating cheese so you build the yellow up high but not as high as the blue for fishing. You like hunting too but not as much as fishing or eating cheese so when you build up the red you make sure it's not as high as the cheese.

You can choose as many things you like to do as you want. If you run out of colors to represent those things, try mixing colors. Like if you wanted to add roller blading to the above example, you could use a mix of white and black bricks to represent it.

The things you choose to do can be things you've already done or things you'd like to do.



SPACE CAMP

Registration for Space Camp 2017 began on October 3, 2016 on 4HOnline and concludes on December 31.

4-H Missions in Space program, known as Space Camp, is a fun-filled weekend for middle school youth at the U.S. Space & Rocket Center where participants:

- Complete a simulated Space Shuttle mission
- Experience training simulators
- Tour the U.S. Space & Rocket Center
- Learn about becoming an astronaut

The 2017 camp is April 20-24.

For more information, visit http://fyi.uwex.edu/wi4hedopp/space-camp-about/.

Investigate STEM projects at

http://fyi.uwex.edu/wi4hprojects/stem-science-technology-engineering-math/.



Younger Members



Upcoming Cloverbud Meetings:

- Monday, Dec. 12, 6pm Siren Government Center
- Tuesday, Dec. 13, 6pm -Grantsburg Library

Remember, you may attend either meeting or do the project at home.

> In November, Cloverbuds learned about first aid and made their own first aid kits.

A new public website to support Cloverbud youth and adult volunteers is available at

http://fyi.uwex.edu/wi4hcloverbuds/. In addition to activity plans, visitors will find resources from National 4-H and other university extension programs.





Achievement Celebration TO MAKE THE BEST BETTER



Congratulations to all Burnett County 4-Hers for all your achievements in the 2015-2016 year!







CLUB

JOLLY H 4-H CLUB cleaned up the roadside they've taken responsibility for and did some fall colored paper weaving at their November meeting.







ORANGE 4-H CLUB MEETING

Friday, October 28, 2016 Call to order - 6:50pm Pledges

Attendance - taken by Adin Treague Secretary's Report - Read by Adin Treague Treasurer's Report - Read by Amy Kopecky

Old Business

- Project Enrollment meeting Held by Adrienne
- Window display
- Burnett county trip rewards Interviews happened recently
- Fall Project day Tomorrow
- Bake sale Friday, November 18 2:00pm at Oakland store (can bake ahead and drop off at the store) Come whenever you can make it.
- Baking at Amy's Friday, November 11
 4:00pm. Amy will let you know if you need to bring anything.



- Review the constitution -Changed the record book standards
- Club officers Four "H" officers? (Head, Hands, Heart, Health,) -Alexis made a motion, Emily seconded it.
- Club project First year members are only required to enroll in two projects including the club project. Vote- Theatre? Service? Art? We voted on Art and then a motion was made to secure the project by Alexis and seconded by A.J.



- Elections Moved to the end of the meeting
- Danbury mini-mall gift wrapping - (service vs. fundraising) -November 19 and December 17 are we interested? The club voted yes
- Turkey dinners? yes we will do them again this year.
- November meeting Christmas crafts? Date/location? Yes we will be doing the crafts at our Nov. meeting. Nov. 15 bring turkey dinners
- December meeting Caroling Caravan?
 Dec. 16 @ 6:00pm carol around town!
- Forts Folle Avoine 3rd and 10th. Help with dishes or Santa's helpers? Face painting?
- Salvation Army Bell Ringing? Yes we will be doing this again this year!
- Music contest New song!?! President,
 Vice President and Secretary from Orange take over this year? January 21st

Any Other New Business

No other new business this month
 Elections (see page 14)

Meeting adjourned: 8:25pm

Recorded by: Secretary Emily Flatten







ORANGE 4-H CLUB had their annual Christmas Crafts meeting.

At the **WOOD CREEK 4-H CLUB** meeting on 10/30/16, Nicholas Webster and Joel Hillman, members of the Health Committee, gave some healthy facts about pumpkins. Did you know?.....

- The name pumpkin comes from the Greek word "pepon", which means "large melon."
- Scientifically speaking, pumpkins are a fruit (they contain seeds inside), but when it comes to cooking, they are often referred to as vegetables.
- Pumpkin plants feature both male and female flowers, with bees typically involved in

pollination (the transfer of pollen.)

- 100 grams of pumpkin produces around 26 calories of energy.
- Pumpkins are popular decorations during Halloween. A carved pumpkin illuminated by candles is known as a "jack-o-lantern" The tradition is believed to have come from Ireland, where they used to carve faces into turnips, beets and other root vegetables as part of the Gaelic festival of Samhain.

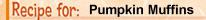
Pumpkin muffins were served as a snack. If you would like to try this fast, easy and tasty treat, see the recipe on page 13.



On Sunday, Oct. 30, Wood CREEK 4-H CLUB had a Halloween Trunk or Treat party, and everyone had a great time. After the Trunk or Treat party, we had a meeting. The Head officers read a fact about 4-H. The Heart brought healthy pumpkin muffins.

After our meeting, we had Achievement Night. Our club got an award for the window display. Our club also won a community service award.

- Josephine Richards



regular muffins

Serves: 24

Mix in a bowl: 1 box cake mix (spice, chocolate, or carrot work the best)

1 cup water

1 can of pumpkin (not pumpkin pie filling!)

Put all of the ingredients in a bowl and mix. Don't add the ingredients on the back of the cake mix box. Grease mini muffins tins, or regular cupcake tins. Fill each cup of the muffin tins 3/4 of the way full.

> Bake in a 350 degree F oven for 14 minutes, maybe longer for the bigger muffins.

> > These are a healthier version than most because they don't contain eggs or added fat.

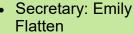
From the Kitchen of: Carol Lanza



CLUB

Orange Club Officers for 2016-2017:

- President: Maiya Fuller
- Vice-President: Alexis Symond



- Head (Fun Facts): Elle Treague
- Hands (Callers):
 Adin Treague & Jef
 Janssen
- Heart Team
 (Cards): Celia Hanson (November-February), Grace
 Hanson (March-June), Lizzy
 Treague (July-October)
- Health (Healthy snack ideas & fun group exercises):
 AJ Flatten



L

Leaders' Pages

LEADERS' ASSOCIATION MEETING MINUTES

November 13, 2016

President Phil Stiemann called the meeting to order at 8:01 p.m. The pledges were recited. Annual meeting was held first followed by monthly meeting.

ANNUAL MEETING

Call for Chair of Meeting – Heather nominated by Phil, second by Greg

Call for Clerk of Meeting – Heather appointed Adrienne

Approval of Minutes of 2015 Annual Meeting – Motion by Charlene, second by Phil.

Approval of 2016 Yearly Financial Report –Karin reviewed the reports. Motion to accept by Charlene, second by Phil.

Approval of Bylaws – Heather reviewed changes. Motion to accept by Phil, second by Marge.

Election of Vice President for 2017-2018. Don Strabel nominated and elected.

Election of Secretary for 2017-2018. Adrienne Fuller nominated and elected.

Recognition of Adult Leaders' Achievement by Heather. First year volunteers and 5 year certificates given out.

Annual meeting adjourned at 8:17 p.m. and continued with November Leaders' Association meeting.

(Continued on page 15)

Leaders' Pages

(Continued from page 14)

MONTHLY MEETING

MEMBERS PRESENT: Heather Stahl, Greg Stahl, Ricky Stahl, Gaby Stahl, Phil Stiemann, Adrienne Fuller, Maiya Fuller, Charlene Strabel, Don Strabel, Charles Strabel, Anna Strabel, Marge Peterson, Steven Reinert, Karin Reinert, Alexis Slater, Carol Lanza, Roger Hillman, Joel Hillman, Hannah Hillman, Joyce Shoberg, Alexis Symond, Amy Thiex, Madison Thiex, Jaime Nelson, Jalynn Nelson, Rylee Nelson, Lauri Nelson, Jim Nelson, Amber Erickson, John Erickson, Grace Riley, Haley Glover, Kayla Glover

SECRETARY'S REPORT – Reviewed. Motion to approve the secretary's report by Phil, second by Marge. TREASURER'S REPORT – Reviewed during Annual Meeting.

CLUB REPORTS

 JOLLY Hs: Club crafts for Santa Days craft sale. Memory Lake Christmas in the Park. Christmas Caroling. Adopt a Highway. Attended Achievement Awards. Planning for the music contest.

- ORANGE: Officer elections. Christmas crafts meeting. Volunteering at Fort Folle Avoine. Gift wrapping at Danbury Mini-Mall. Attended Achievement Awards. Planning for the music contest.
- WOOD CREEK: Members attended Achievement Awards and Fall Project Day. Planning Christmas Caroling in Siren and getting ready for the music contest.
- WOOD RIVER BEAVERS: Members attended Achievement Awards and Project Day. Officer elections at next meeting. Planning for the music contest.

EXTENSION REPORT – No report

JUNIOR LEADERS REPORT – Tjader Acres Disc Golf welcomed the group free of charge. They would like to grow local interest in the sport.

OLD BUSINESS

- Music contest Saturday, January 21, 2017, 6:00 p.m., Siren school
- Achievement Night October 30, 4:00 p.m., Siren School
- Fall Project Day October 29, 1:00 p.m., Siren school

NEW BUSINESS

Review and approve the Leaders' Association bylaw changes (done during Annual Meeting)

Next meeting is January 9, 2017, at 7:00 pm - Gov't Center, Room 165

Meeting adjourned at 8:29 p.m.

Submitted by Adrienne Fuller, Leaders Association Secretary



Marge Peterson, Missy Peterson, Anna Treague, and Adrienne Fuller were recognized for their contributions as volunteers with Burnett County 4-H at the October 30 Achievement Celebration. Congratulations!



Burnett County Extension Office 7410 County Road K, #107 Siren, WI 54872



Burnett County 4-H Bugle

Burnett County Government Center

Phone: (715) 349-2151 **Fax**: (715) 349-2102

Email: beth.rank@ces.uwex.edu
Website: www.burnett.uwex.edu/4h

Beth Rank, 4-H/Youth and Family Development Educator Mike Kornmann, Community Development Educator

Julie Yezek, Nutrition Education Program

Beth Greiff, Support Staff

Northwest District Office

Phone:(715) 232-5477

Julie Keown-Bomar, Regional Director

Nicholas Huston, Program Assistant

Stacey Evans, Program Assistant

Spooner Agricultural Research Station

Phone: (800) 528-1914

Kevin Schoessow, Area Ag Agent

Richard (Otto) Wiegand, Area Ag Agent

An EEO/AA employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title IX and ADA requirements. Persons with disabilities who require alternative means for communication of program information should contact the UW-Extension office.

Burnett County 4-H Leaders Association Executive Committee

Heather Stahl: President, Don Strabel: Vice President, Adrienne Fuller: Secretary, Karin Reinert: Treasurer